



**Delstrigo™**  
doravirine/lamivudine/  
tenofovir disoproxil fumarate  
100 mg/300 mg/300 mg tablets

**YOU ALREADY THINK  
OUTSIDE THE BOX,**

SO THINK DIFFERENTLY  
ABOUT YOUR HIV TREATMENT.

HIV-positive model

### **WHAT IS DELSTRIGO?**

**DELSTRIGO** is a complete, one-pill prescription HIV medicine used to treat HIV-1 infection in adults who have not received HIV-1 medicines in the past, or to replace current HIV-1 medicines for people whose healthcare provider determines that they meet certain requirements. HIV is the virus that causes Acquired Immune Deficiency Syndrome (AIDS).

### **IMPORTANT SAFETY INFORMATION**

**DELSTRIGO can cause serious side effects, including: Worsening of hepatitis B virus (HBV) infection.** If you have both HIV-1 and HBV and stop taking DELSTRIGO, your HBV may suddenly get worse. Do not stop taking DELSTRIGO without first talking to your healthcare provider, as they will need to monitor your health. Your doctor should test you for HBV infection before you start treatment with DELSTRIGO.

Provided as an educational resource by Merck

## WHAT IS DELSTRIGO?

DELSTRIGO is a complete, one-pill prescription HIV medicine used to treat HIV-1 infection in adults who have not received HIV-1 medicines in the past, or to replace current HIV-1 medicines for people whose healthcare provider determines that they meet certain requirements. HIV is the virus that causes Acquired Immune Deficiency Syndrome (AIDS).



HIV-positive model



## THE MOST IMPORTANT INFORMATION TO KNOW

**DELSTRIGO can cause serious side effects, including: worsening of hepatitis B virus (HBV).** If you have both HIV-1 and HBV and stop taking DELSTRIGO, your HBV may suddenly get worse. Do not stop taking DELSTRIGO without first talking to your healthcare provider, as they will need to monitor your health. Your doctor should test you for HBV infection before you start treatment with DELSTRIGO.

Please read the accompanying [Patient Information](#) for DELSTRIGO, including an important warning about the potential worsening of hepatitis B after stopping DELSTRIGO, and discuss it with your doctor. The physician [Prescribing Information](#) also is available.

**Delstrigo™**  
doravirine/lamivudine/  
tenofovir disoproxil fumarate  
100 mg/300 mg/300 mg tablets





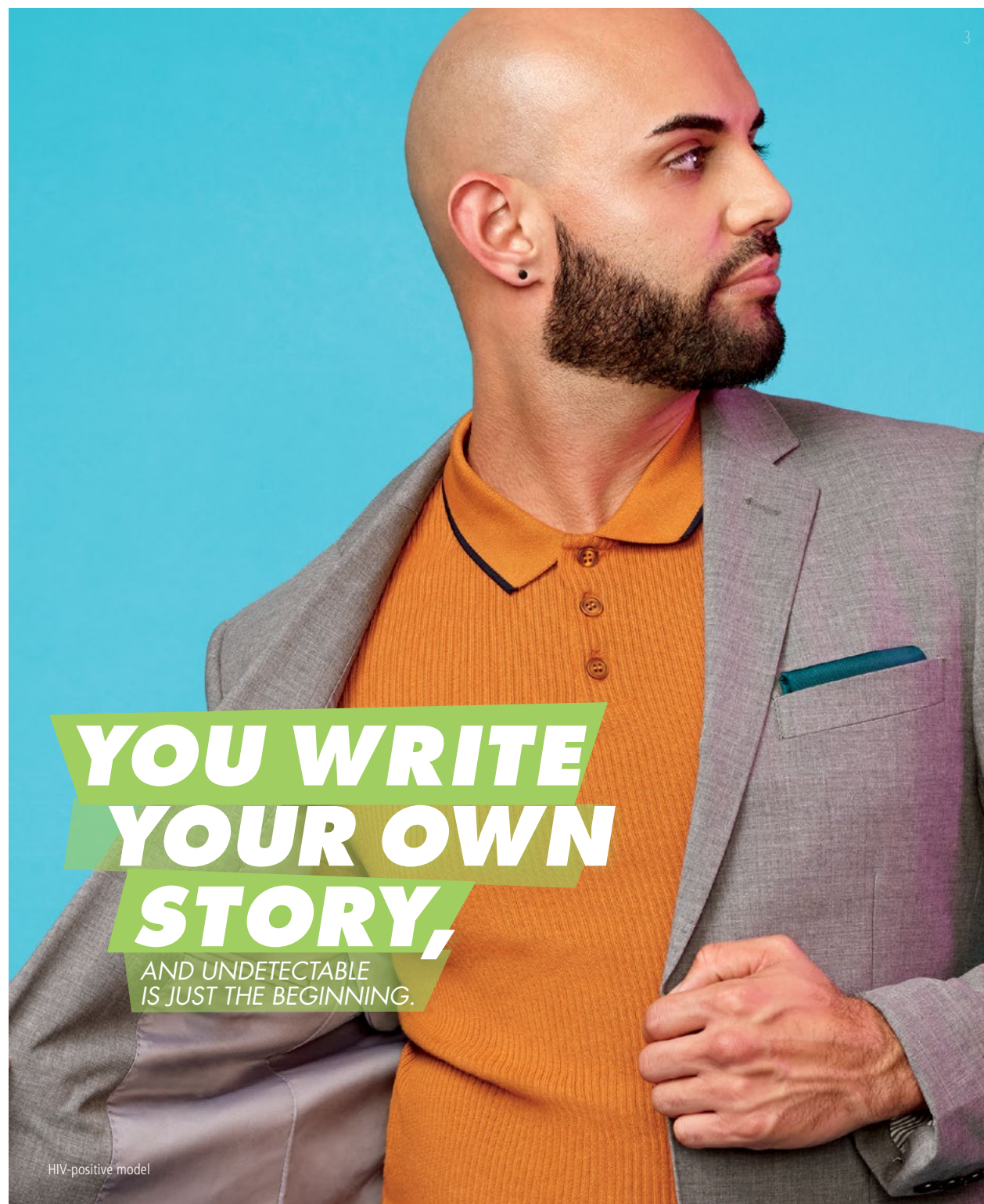
**Delstrigo™**  
doravirine/lamivudine/  
tenofovir disoproxil fumarate  
100 mg/300 mg/300 mg tablets

## TABLE OF CONTENTS

4	HIV-1 AND YOUR HEALTH
5	ABOUT DELSTRIGO
6	SIDE EFFECTS OF DELSTRIGO
9	TAKING DELSTRIGO
11	DELSTRIGO AND OTHER MEDICATIONS

Please read the accompanying [Patient Information](#) for DELSTRIGO, including an important warning about the potential worsening of hepatitis B after stopping DELSTRIGO, and discuss it with your doctor. The physician [Prescribing Information](#) also is available.

---



# HIV-1 AND YOUR HEALTH

## GETTING STARTED

HIV doesn't define you—you define the way you live with it. Consider this brochure your guide to how DELSTRIGO can help.

## THE STORY DOESN'T END AT UNDETECTABLE

Getting to and staying undetectable is important—it means the level of HIV in your blood is so low that lab tests can't find it. But when you and your doctor talk about treatment options for HIV, it's also important to consider things beyond viral load suppression, such as drug-drug interactions and side effects.

Start thinking about the bigger picture and talk to your doctor about DELSTRIGO.

Please read the accompanying **Patient Information** for DELSTRIGO, including an important warning about the potential worsening of hepatitis B after stopping DELSTRIGO, and discuss it with your doctor. The physician **Prescribing Information** also is available.

HIV-positive model

**Delstrigo**   
doravirine/lamivudine/  
tenofovir disoproxil fumarate  
100 mg/300 mg/300 mg tablets



# ABOUT DELSTRIGO

## WHAT IT DOES

DELSTRIGO may help lower your viral load to undetectable.

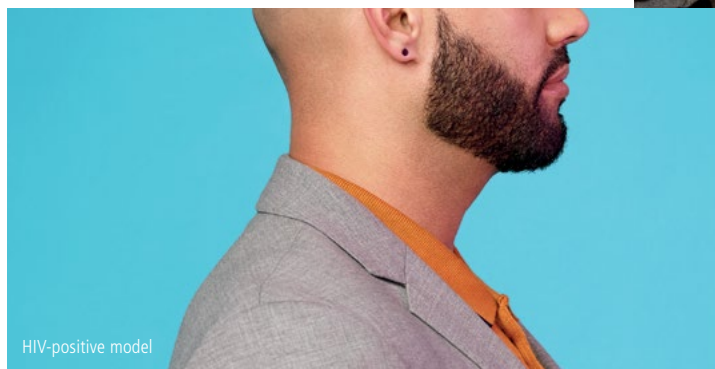
In a study of adults who were new to HIV-1 treatment, the percentage of those who had an undetectable viral load at week 96 were:

**77%** when taking DELSTRIGO

VS

**74%** when taking Atripla  
(another HIV-1 medicine)

DELSTRIGO may not have these effects in all patients.



HIV-positive model



## HOW IT WAS STUDIED

The safety and efficacy of DELSTRIGO was compared to Atripla over 96 weeks in adults who were new to HIV-1 treatment.

- + **364 adults took DELSTRIGO**
- + **364 adults took Atripla**

Patients were assigned by chance to take one of the two treatment regimens, and neither the patient nor the healthcare providers taking part in the study knew which regimen they were taking.

**Please see Important Safety Information on pages 6 through 8.**

Please read the accompanying **Patient Information** for DELSTRIGO, including an important warning about the potential worsening of hepatitis B after stopping DELSTRIGO, and discuss it with your doctor.

**Delstrigo™**  
doravirine/lamivudine/  
tenofovir disoproxil fumarate  
100 mg/300 mg/300 mg tablets



**Delstrigo**  
 doravirine/lamivudine/  
 tenofovir disoproxil fumarate  
 100 mg/300 mg/300 mg tablets

**YOU MAKE  
 YOUR OWN  
 PATH,**

SO STAY AWARE OF SIDE  
 EFFECTS ALONG THE WAY.

HIV-positive model

## SIDE EFFECTS OF DELSTRIGO

### A LOW RATE OF SIDE EFFECTS

DELSTRIGO has a low rate of side effects. In a study of adults who were new to treatment, the most common side effects over 96 weeks were: dizziness **7%**, nausea **5%**, and abnormal dreams **5%**. These are not all the possible side effects of DELSTRIGO.

In this study, fewer patients stopped taking DELSTRIGO than Atripla because of side effects.

**3%** when taking DELSTRIGO

VS

**7%** when taking Atripla  
 (another HIV-1 medicine)

### SOME SIDE EFFECTS CAN BE SERIOUS

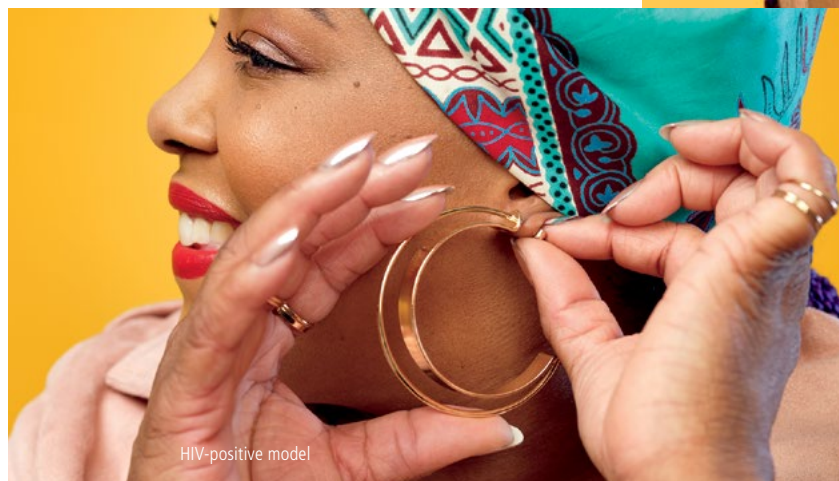
**DELSTRIGO can cause serious side effects, including: worsening of hepatitis B virus (HBV).** If you have both HIV-1 and HBV and stop taking DELSTRIGO, your HBV may suddenly get worse. Do not stop taking DELSTRIGO without first talking to your healthcare provider, as they will need to monitor your health. Your doctor should test you for HBV infection before you start treatment with DELSTRIGO.



## SIDE EFFECTS OF DELSTRIGO (CONTINUED)

### **SERIOUS SIDE EFFECTS ALSO INCLUDE**

- + **New or worse kidney problems**, including kidney failure. Your doctor should do blood and urine tests to check your kidneys before you start and during treatment. They may tell you to stop taking DELSTRIGO if you develop new or worsening kidney problems
- + **Bone problems**, such as bone pain and softening or thinning (which may lead to fractures), in some people who take DELSTRIGO. Your doctor may need to do tests to check your bones



### **SERIOUS SIDE EFFECTS ALSO INCLUDE (CONTINUED)**

Tell your doctor if you have any of the following symptoms during treatment with **DELSTRIGO**: bone pain that does not go away or worsening bone pain; pain in your arms, legs, hands or feet; broken (fractured) bones; or muscle pain or weakness. These may be symptoms of a bone or kidney problem.

Please read the accompanying [Patient Information](#) for DELSTRIGO, including an important warning about the potential worsening of hepatitis B after stopping DELSTRIGO, and discuss it with your doctor. The physician [Prescribing Information](#) also is available.

**Delstrigo**™   
doravirine/lamivudine/  
tenofovir disoproxil fumarate  
100 mg/300 mg/300 mg tablets

## SIDE EFFECTS OF DELSTRIGO (CONTINUED)

### **SERIOUS SIDE EFFECTS ALSO INCLUDE**

- + **Changes in your immune system (Immune Reconstitution Syndrome)** when you start taking HIV-1 medicines. Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time. Tell your doctor right away if you start having any new symptoms after starting your HIV-1 medicine



### **FOR THOSE CONCERNED ABOUT CHOLESTEROL**

HIV may have a negative effect on your cholesterol.

In a study of adults who were new to treatment, DELSTRIGO did not increase bad cholesterol, while Atripla did.

At week 48, the effects on bad cholesterol (LDL-C) were:

#### **EFFECTS ON BAD CHOLESTEROL (LDL-C)**

DELSTRIGO	-2.1 mg/dL	↓
VS		
Atripla	8.3 mg/dL	↑

The effects on bad cholesterol at Week 96 were similar to those seen at Week 48.

The benefit of these changes has not been demonstrated.

**Delstrigo™**  
doravirine/lamivudine/  
tenofovir disoproxil fumarate  
100 mg/300 mg/300 mg tablets





## TAKING DELSTRIGO

### BEFORE YOU START

Before treatment with DELSTRIGO, tell your doctor about all of your medical conditions, including if you: have hepatitis B, kidney problems, bone problems, or a history of bone fractures; are pregnant or plan to become pregnant; or are breastfeeding or plan to breastfeed. It is not known if DELSTRIGO can harm your unborn baby. Do not breastfeed if you take DELSTRIGO. Women with HIV should not breastfeed because their babies could be infected with HIV through their breast milk.

Please read the accompanying [Patient Information](#) for DELSTRIGO, including an important warning about the potential worsening of hepatitis B after stopping DELSTRIGO, and discuss it with your doctor. The physician [Prescribing Information](#) also is available.



**YOU SPEAK  
YOUR MIND,**

SO SPEAK UP ABOUT ALL THE  
MEDICATIONS YOU'RE TAKING.

HIV-positive model

**Delstrigo**™   
doravirine/lamivudine/  
tenofovir disoproxil fumarate  
100 mg/300 mg/300 mg tablets

# TAKING DELSTRIGO (CONTINUED)

## HOW TO TAKE IT

DELSTRIGO is one pill taken once a day, at about the same time every day, with or without food.



ONE PILL



ONCE A DAY



WITH OR  
WITHOUT  
FOOD

- + DELSTRIGO is usually taken by itself (without other HIV medicines)
- + Tell your doctor if you have taken rifabutin in the past 4 weeks
- + If you take the medicine rifabutin during treatment with DELSTRIGO, your doctor will also prescribe an additional dose of doravirine for you because you may not have enough doravirine in your blood. Carefully follow your doctor's instructions about when to take doravirine and how much to take. This is usually 1 tablet of doravirine about 12 hours after your last dose of DELSTRIGO
- + Take DELSTRIGO every day exactly as your doctor tells you to take it



HIV-positive model

## HOW TO TAKE IT (CONTINUED)

- + Do not change your dose or stop taking DELSTRIGO without talking to your doctor. Stay under a healthcare provider's care when taking DELSTRIGO

## DO NOT MISS OR SKIP DOSES

### What to do if you forget

If you miss a dose of DELSTRIGO, take it as soon as you remember. If it is almost time for your next dose, skip the missed dose and take the next dose at your regular time. Do not take two doses of DELSTRIGO at the same time.

### What to do if you run out

When your DELSTRIGO supply starts to run low, get more from your healthcare provider or pharmacy. This is very important because the amount of virus in your blood may increase if the medicine is stopped for even a short time. The virus may develop resistance to DELSTRIGO and become harder to treat.

**Delstrigo™**  
doravirine/lamivudine/  
tenofovir disoproxil fumarate  
100 mg/300 mg/300 mg tablets



# DELSTRIGO AND OTHER MEDICATIONS

## WHAT TO KNOW. WHAT TO EXPECT.

Getting and staying undetectable is extremely important, but it's also important to consider whether your HIV-1 treatment can be used with other medicines.

**DELSTRIGO may be taken with a wide range of non-HIV medications** used to treat pain, heartburn, and cholesterol. It can also be taken with some birth control.



### STATINS

(atorvastatin)

CHOLESTEROL



### PROTON PUMP INHIBITORS

(pantoprazole)

HEARTBURN



### ORAL CONTRACEPTIVES

(ethinyl estradiol and levonorgestrel)

BIRTH CONTROL



### METHADONE

PAIN

DELSTRIGO should be avoided if you are using or have recently used nonsteroidal anti-inflammatory drugs (NSAIDs)



## WHAT TO KNOW. WHAT TO EXPECT. (CONTINUED)

### Some medicines interact with DELSTRIGO.

Before starting DELSTRIGO, tell your doctor if you have ever had an allergic reaction to lamivudine, or if you are taking any of the following medicines: carbamazepine, oxcarbazepine, phenobarbital, phenytoin, enzalutamide, rifampin, rifapentine, mitotane, or St. John's wort.

## WHAT TO KEEP IN MIND

Your doctor can tell you if it is safe to take DELSTRIGO with other medicines. You can ask them or your pharmacist for a list of medicines that interact with DELSTRIGO. **Do not start taking a new medicine without telling your doctor.**

When talking to your doctor about treatment options, be sure to tell them about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**Delstrigo™**  
doravirine/lamivudine/  
tenofovir disoproxil fumarate  
100 mg/300 mg/300 mg tablets





HIV-positive model

## A SAVINGS OFFER FOR DELSTRIGO

Eligible privately insured patients may be able to save on their out-of-pocket costs for once-daily DELSTRIGO. Not all patients are eligible and certain restrictions apply.

PLEASE SEE THE TERMS AND  
CONDITIONS TO FIND OUT IF YOU  
CAN SAVE AT [DELSTRIGO.COM](https://www.delstrigo.com)

### ASK YOUR DOCTOR IF DELSTRIGO IS RIGHT FOR YOU

Please read the accompanying Patient Information for DELSTRIGO, including an important warning about the potential worsening of hepatitis B after stopping DELSTRIGO, and discuss it with your doctor. The physician Prescribing Information also is available.

Products mentioned are trademarks of their respective owners.

Copyright © 2020 Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.**  
All rights reserved.

US-DOR-00651 07/20



**Delstrigo**  
doravirine/lamivudine/  
tenofovir disoproxil fumarate  
100 mg/300 mg/300 mg tablets